

# JOIN MY TEAM!

# SHAMROCK



# RUN

# PORTLAND

**Join in on the fun and sign up for the 2019 Shamrock Run!**

**Team Name:** \_\_\_\_\_

**Team Captain Name:** \_\_\_\_\_

Team members can sign up for different events:

Half Marathon

5k, 8k and 15k races

Shamrock Stride - 4 mile walk

1k Leprechaun Lap for Kids

All Team members must be registered by the team deadline: January 31, 2019.  
Register soon - don't be left out!

**What:** 41st Annual Shamrock Run

**When:** March 17, 2019

**Where:** Waterfront Park, Downtown Portland

**Deadline:** January 31, 2019

register online:

[www.motivrunning.com/shamrock-run-portland](http://www.motivrunning.com/shamrock-run-portland)